

NOURISHING LIVES. SUPPORTING INDEPENDENCE.



Who We Are

For more than 53 years, Meals on Wheels of the Greater Lehigh Valley has been delivering nutritious meals and caring connections to seniors and adults with disabilities throughout Lehigh, Northampton and southern Carbon counties helping neighbors stay nourished, healthy and independent at home.

What We Provide



Daily Meal Delivery

Hot and cold meals brought to your door every Monday-Friday



Dietary Options

All meals are low-sodium, cardiac and diabetic-friendly with specialized menus for renal, soft and pureed diets



Friendly Visits

A smiling face and quick check-in



Case Management

In-home visits to assess needs and connect clients to additional services

Additional Support Services



Grocery Shopping Services

Volunteers order groceries, pick up and deliver to clients



Ani-Meals Pet Food Program

Dog & cat food, along with cat litter are provided for furry companions, free of charge and delivered to clients



Emergency Food Boxes

Shelf-stable meals provided to ensure clients have food when severe weather or other emergency situations prevent daily deliveries



Senior Food Boxes/Food Pantry Deliveries

Available to those who qualify



Chef Packs

Fully prepared, nutritious frozen meals for weekends and emergency needs available to anyone looking for a healthy option

Why Choose Meals on Wheels?

We are more than a meal—we are a life-line. With the help of our caring volunteers, we deliver nourishment, safety, and friendship right to your front door.

Call 610-691-1030
Visit MOWGLV.org